



Forest Town Primary School

Physical Education

OAA - Team Building

Be Kind
Be Adventurous
Persevere
Be Responsible
Be Independent
Be Together

KS1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing agility, balance and coordination and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

KS2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other.

They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- Use running, jumping, throwing and catching in isolation and combination.
- Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance.
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventure activity challenges both individually and within a team.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

OAA - Team Building

EYFS	Year 1 - 2	Year 3 - 4	Year 5 - 6
	<p>Know how to develop their communication and problem-solving skills.</p> <p>Know how to work individually, in pairs and in small groups.</p> <p>Know how to discuss and plan their ideas.</p> <p>Know why working as a team is important.</p>	<p>Know how to use problem-solving skills in a range of challenges.</p> <p>Know how to work with a partner and small group to plan, solve, reflect and improve on their strategies.</p> <p>Know how to be inclusive of others and work collaboratively to overcome challenges.</p>	<p>Know how to develop teamwork skills through completion of a number of challenges.</p> <p>Know how to work alone and collaboratively to solve problems.</p> <p>Know how to be inclusive of others and share ideas to create strategies.</p> <p>Know how to plan and produce the best solutions to a challenge.</p> <p>Know how to lead a small group.</p>