



Forest Town Primary School

Physical Education

Games

Be Kind
Be Adventurous
Persevere
Be Responsible
Be Independent
Be Together

KS1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing agility, balance and coordination and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

KS2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other.

They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- Use running, jumping, throwing and catching in isolation and combination.
- Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance.
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventure activity challenges both individually and within a team.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Games For Purpose

EYFS	Year 1 - 2	Year 3 - 6
<p>Know how to develop FMS through game play.</p> <p>Know how to play games following simple rules.</p> <p>Know how to score points.</p> <p>Know how to work with a partner and understand what a team is.</p> <p>Know how to behave when winning and losing.</p>	<p>Know how to work safely when running and stopping.</p> <p>Know how to move confidently in a range of ways.</p> <p>Know how to perform small and large movements with good control and coordination.</p> <p>Know how to handle equipment safely.</p> <p>Know why rules are important and how to keep score.</p> <p>Know how to play games showing an understanding of the different roles within it.</p> <p>Know how to work cooperatively and take turns.</p> <p>Know how to play against an opponent.</p> <p>Know how to work with others to play team games.</p> <p>Know how to be sensitive of others' feelings.</p>	<p>See sport specific knowledge organisers.</p>